newsletter MANE CHANCE SANCTUARY



MCS Winter Newsletter - December 2021

Welcome to our Winter newsletter!

This year has flown by. And what a year it has been... full of challenges but also of rewards, as the world slowly redefines 'normal' and we learn to live with the dreaded Covid. We have all had to keep on our toes, to adapt, to change.



Since our last newsletter, some of you may have left your jobs. Some of you may have new jobs. Some of you may have new four-legged friends join your families. And horribly sadly... some of you may have lost loved ones – both two and four-legged. We have seen people of all ages struggling with all sorts of mental health challenges-anxiety and loneliness, in particular; but we have also all heard instances of such kindness and acts of community spirit that seem to restore all faith in human nature. And so here

we are, approaching Christmas and the New Year at speed. Or so it seems. The one constant all year have been our horses. They continue to graze, poo, snooze and welcome visitors! They are the steady beat at the heart of the Sanctuary to which all else is anchored. And let's not forget our hens and of course Angel. Where would we be without Nature and the animals and birds that give us so much? And where would we be without all of you who support us and keep us running!!! Thank you.

Christmas issue

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Give a Gift from Mane Chance that will last beyond the holidays...

Choose your Gift from the Mane Chance Amazon Wishlist

Visit the Mane Chance Online Shop



Christmas Carol Service

Sunday 5th December – 5pm

We are delighted to be planning our annual Carol Evening again this year – it was very sorely missed in 2020.

We return to St Peter and St Paul's Church in Godalming and welcome some special performers to start the festive season off amongst friends.

Join us for an evening of Carols, readings and musical performances, hosted by Jenny, and with our special four-legged guests, the Shetland Ponies.

We are delighted that Jenny will be joined by actors Sue Holderness (Marlene in 'Only Fools and Horses'), Robert Daws, our patrons, author Lauren St John and singer Beau Dermott plus Damien Edwards returns to perform too. And to top it all, the children of St Hilary's School Junior Choir will be singing as well.

The service starts at 5pm but doors open at 4.15pm and our Shetlands will be meeting and greeting you outside. We will be serving mince pies and mulled wine before and after the show, so please do join us and maybe even pick up some Christmas presents on our merchandise stall.

It really is a wonderful evening and we hope to see you there – tickets cost £10 for adults and £5 for children (aged 5-15) and seniors (over 60). Children under 5 enter free.

To book your place, please purchase your tickets <u>online via our website</u> <u>shop</u> or call 01483 351526.



Burns&Webber

We would like to thank Andrew and the team at **Burns and Webber** for sponsoring the event this year we are really grateful for their support.

New Year's Day Walk

Saturday 1st January 2022 - 10am - 2pm

Blow away the cobwebs of a particularly challenging year (or two!) by joining us on New Year's Day at the Sanctuary. We will be opening our gates to invite you to stroll around our fields and tracks, meeting our rescued horses along the way. You can start your walk at any time between 10am and 2pm and the route takes about 45-60 minutes. We will be serving hot snacks, hot drinks (including hot chocolate of course!) and mulled wine in the barn, to reward you for your efforts. There will also be a guiz on the route to keep little people (and big people!) entertained as you walk.

Tickets, if booked in advance, cost £2 for adults, £1 for children and seniors – under 5's come free. Dogs are also welcome to walk with you, but they must be kept on a lead. Visit our website to reserve your place!

Tickets will be available on the gate and will cost £3 and £1.50 respectively, so please book in advance to take advantage of the discount.

We look forward to welcoming you as well as 2022 – here's to a happy and healthy New Year!





Christmas Cards

Our 2021 Christmas cards are now on sale and this year, we have two different choices for you.

This year we have a Duo pack, featuring two snowy scenes from the Sanctuary – the view from our orchard and Grimbo expertly demonstrating how a horse's coat can insulate them and keep them warm!

Our other design is by Anthony Rule, an illustrator that we have been working with this year. Featuring three of our horses in a cartoon design, it brings fun to any mantlepiece!

Our Christmas cards are £5 for a pack of 10 – please visit our online shop now!





Mane Chance Sanctuary

Calendar 2022

2022 Calendar

Our 2022 wall calendar is also available to buy!

At just £5.95, it is a lovely addition to any kitchen, bedroom or office wall!

Each month features a photo of the Sanctuary plus an inspiring and/or cheering quote to brighten up your year.

We are very grateful to Emma Hughes Photography for giving us her time and taking such lovely pictures of our horses and their home – we are sure you will love them!

Give a Gift from Mane Chance that will last beyond the holidays



With your help this Christmas we can continue to be here for both our wonderful herds of horses and the many people who need our support in the community. We have a number of gifting options (for our horses as well as your family or friends!) that we can offer and would love it if you could consider them, in the lead up to Christmas... thank you!

Buy a Virtual Gift for a Mane Chance Horse.

Our horses give back every day, sharing their trust, their calmness, and their companionship. Through our Community Programmes they help those who need it most. You can help us thank them by buying a gift for them such as a Salt Lick, Herb Supplements, or a visit from the dentist – yes, our horses must have their teeth checked too!

You can find out more about these gifts in our shop.

Our animals:

We sound a little bit like a broken record, but the weather plays a major part in reporting how our horses are faring! So once again, we are going to have a little moan about it!!! There is no doubt that the climate is changing and it is certainly keeping us on our toes - Spring was late and then wet, Autumn is also late and currently quite mild, so it is not only our horses and humans who are scratching their heads working it all out, but the grass itself. This unseasonal weather behaviour, with sudden drops in temperatures causing the odd unexpected frost, has also caused the grass to throw its leaves up in despair, unsure of what to do. Sometimes we have a little growth spurt and the fields look very green, and other times the frost causes the grass to be stressed, producing irregular sugar content. Now for many, it wouldn't matter and you would let it play out but when you are feeding horses, it is a real headache! We have a number of horses (as many of our herd are of mature years) who suffer from Equine Metabolic Syndrome, Cushings Disease and laminitis, so we have to juggle sugary grass more than most. It is testament to the quality of our staffing team that our horses are in great health and that we haven't had flare ups of any of the conditions we mention - even despite what Mother Nature has thrown at us. Effective, daily health checks of all our herds have meant we have been alert to changes in the horses and prevented any problems – huge thanks to them all. The horses may have each seen almost every corner of our site as we constantly move the sensitive groups around the site, but they don't mind the change of scenery – it is infinitely better than the inside of a stable! By keeping on top of it all, our horses have remained out in their fields and within their friendship herds exactly as it should be. Long may that continue and long may we have good jugglers within our grooming team!

The move to Winter pastures is imminent now – finally, our horses look like the shaggy bears that they become over the colder months as their coats grow. The rugs that our



older, more vulnerable horses wear, have all been cleaned and waterproofed and are slowly coming out of their wrappers ready for the next few months. We are geared up for the temperatures to drop now, albeit later than we are used to.

This also inevitably signifies the start of the hay-feeding season - it's not the favourite of the horses as they would much prefer to be on grass, but we slowly introduce top up hay into their daily feeding and ensure that it fills their tummies enough to allow them to keep themselves warm! As it is not the most varied of diets. our foraging and enrichment exercises really come into their own and our team is great at giving the horses this fun, yet tasty interlude! We were recently fortunate enough to have some tree surgery work done at the Sanctuary - a joint





Visit the Mane Chance Online Shop

If you believe in the 'shop local' philosophy, you can find some lovely Christmas cards, decorations, and a wide range of gift ideas in our Mane Chance shop. Visit our shop to see all the wonderful gift choices from stationery and books to oil burners and incense sticks. The great thing is that your shopping will support our work whilst hopefully also ticking some people off your list of who to buy for!

We hope you will grab a moment to make a cuppa, sit back and enjoy a browse of our shop soon!

project with Merrist Wood College. Merrist Wood run a tree surgery course at the college and to pass the course, the students have to undertake a practical assessment. We teamed up with them to provide the trees that needed work done on them and they provided the students that needed to have their work assessed - win win! Not only did some of our larger trees get some much needed TLC, but the students benefitted too. Plus, for all those horse-friendly trees that had a few branches snipped off them, we had our very own recycling machines in the form of our horses. Instead of chipping or burning the boughs and branches of trees that horses like to munch, we simply popped them in the tracks and fields and gave our horses a bit of a tasty treat! They love munching on the odd beech leaf or ten – and it's great to vary their diets and give them something to think about. Foraging and enrichment is so important to horses and whenever we get the chance, we try to encourage it with the horses – we have various enrichment ideas up our sleeves including space hoppers, flags, specially built contraptions which have treats placed in them so the horses have to work out how to remove the nibbles etc. Not only is it great for the horses, but it is great fun for the team of staff and volunteers too!

We also have a new arrival to announce - Boo! A beautiful mare. she was rescued by a wonderful lady nearly 18 months ago. Clearly abused by her previous owners, Boo was a very nervous pony, frightened of any noise, raised arms and terrified of being put in a stable. We can only imagine what she must have been through, but when she was rescued in July 2020, she was in desperate need of help. The lady that rescued her has been amazing – she has worked so hard with her to build trust again and teach her that humans are not all the same and that most of us are kind and not threatening. It was a very hard task and took many months to complete even the basics of tasks but gradually, progress was made. Unfortunately, her rescuer could not keep her long-term, but considering how far she had helped her, she was determined to find a home for her that would continue the work she had started and give this lovely mare the home she deserved - full of safety and love. We were able to offer Boo a home and she joined us at the end of August, just after the open day. She is indeed a nervous horse but is already coming on in leaps and bounds - she clearly enjoys being in a herd of similar horses and is taking confidence from them and having others around her. Remarkably, she is already playing a part in our community work by accepting calm and gentle scratches from those who come to site and is quickly becoming a favourite with many of the team. We are so pleased to be able to give a home to Boo and will give her the life she deserves – how incredibly lucky she was to have been found and rescued by such a wonderful lady and we promise to take the baton on and give her the best we can!

Accidents do happen – even to us!

We always try to have a positive approach at Mane Chance, choosing to focus on the good and not dwell on the negative, particularly when it comes to our horses and the backgrounds that many of them have come from.

However, we are not immune to difficulties and challenges, and we share this story, not to upset anyone, but simply to demonstrate what a special place Mane Chance is, as are the people that share our charity with us.

As most of you will know, horses can be quite reactive and sometimes spook at a noise or sudden movement. We still don't really know what happened, but first thing one morning in October, the team were faced with a real emergency. Carys, one of our Welsh mares, was happily munching her breakfast, when all of a sudden something spooked her and she panicked, breaking through a fence and taking bits of it with her as she ran. It's possible that she might have backed into the electric fence by mistake and made herself jump or perhaps a car backfired on the A3 next to us – the cause remains a mystery. Suddenly, we had a very frightened horse out of control, but not only that, the situation was going to take a very sinister turn. Whilst Carys was bolting, in her panic, she must have 'run onto' the piece of fencing that was caught around her legs and it managed to pierce her high up in the groin, puncturing her femoral artery. The chance of such a thing occurring is very small, but nevertheless her luck ran out that morning and she was in trouble. We were hugely fortunate that



our team of staff and volunteers were in the next field poo picking another herd and whilst they were completely powerless to stop the situation from occurring, they were on hand within seconds. And those seconds proved to be crucial......

On feeling her injury, Carys stopped running – she must have known she was in real danger. An arterial bleed is fast and dramatic and it doesn't take long for an animal to lose the battle against such blood loss. But our team were not about to let that happen - they were with her quickly, removed clothing to give them something to hold against the wound... not that they could see exactly where it was. The vet was called (who miraculously was only a few minutes away) and, as a group, they all held Carys up on her feet (as she was rapidly weakening) so that they could apply pressure where it was needed.

To cut a long story short, and my goodness, did it feel like time had slowed horribly, they remained in that position whilst the vet arrived

Choose your Gift from the Mane Chance Amazon Wishlist

Our charity wishlist on Amazon lists all the things that we need to buy to support our horses, our community work and the wider Mane Chance family including our rescued chickens - and humans! All you need to do is visit the wishlist and choose your gift which will be delivered to the Sanctuary!

To find out more about our wishlist, please visit <u>our website</u>



and did his best to help. Carys' bleed was ongoing and at speed, so she was given fluids intravenously to try to compensate for the loss – all the while trying also to stop

it. This battle continued for a good hour or so, when finally, the blood loss calmed, the fluids going in were starting to overtake the loss rather than iust match it. and Carys felt strong enough to take her own weight again and stand unaided. It was a herculean effort, not only by our

team, but also Carys herself – their combined determination and effort saved her life.

Her intensive care continued in the field for many hours, and it was midafternoon before we felt comfortable enough to bring her down to the stable overnight. Everyone on site held their collective breaths whilst she slowly walked to the warm

stable, willing her not to reopen the wound.....and she didn't!

The vet returned early evening and quietly admitted his surprised that

she was still with us. We knew we had a way to go with her recovery, but the first battle was over – she was alive - now we had to keep her warm and most importantly, infection-free... Overnight checks were done (every two hours throughout the night) and we devised a plan.

Over the next few days, gradually Carys became stronger, and we could start to relax a little – it seemed we were going to make it through. She was given short walks, allowed a bit of time out grazing and the normally feisty pony that resisted a lot of fuss, stood calmly while the team washed her, treated her wounds, applied ice packs and

more. The unspoken understanding between them all was astounding – she needed the whole team to get her through it but more importantly, she needed to accept their help – a huge ask of a pony who has never been able to rely on a human.

Today, you would not know what Carys has been through to look at her. She is back in her herd with full mobility and hasn't looked back. She is an extraordinary creature – the most vulnerable, health-wise, of the four mares and suffers from Cushings Disease, recurring nosebleeds and weight struggles. But for her to face such an injury and survive is nothing short of remarkable – but then she had our team on her side too – and between Carys and our team, they were a force to reckon with.

Carys and Mane Chance owe a huge debt of gratitude to all those who helped her over those crucial minutes and hours – so a massive thank you to Sophie, Nicky, Casey, Eve, Janet, Jules and Martin who were our

own emergency services and also to MJ and Abi who took part in the checks throughout the night.



Sponsor a Mane Chance Horse and Give a Gift that Lasts a Year!

There are no words big

enough to thank you!

For as little as £2 a month you can support the work we do to provide our horses with the best care possible. Simply buy a gift sponsorship, receive a greetings card to give to the gift recipient and then they can choose the horse they want to sponsor and receive the all the benefits of

being part of our sponsorship family. This gift is perfect for the young or old who love horses but don't have access to one as it gives a wonderful sense of ownership and pride. You can find out more and choose which horse you'd like to support on our website.



Our Community

We almost feel like we are back to normal with our community work. It was such a long time that we were either unable to hold sessions or limit numbers (due to restrictions), we almost forgot what it was like to be working at full capacity.

Our Duke of Edinburgh volunteers are back, not only learning about our horses and how we care for them, but also really helping us around the site – having nine fit young people on site each week is something we can't pass on and we are very grateful for all their efforts in keeping the Sanctuary tasks up to date as well as being with our animals. They are total stars!

Chance2Be courses continue to support young people who need a little extra help – sadly a number on the increase since the pandemic. Mental health, particularly amongst young people, is at crisis point and services are horribly oversubscribed. It's a privilege for us to be able to offer our own opportunity of support and whilst our waiting list is far too long, we

continue to provide all the sessions that we can – and with the support of BBC Children in Need, we are set to continue this for the foreseeable future

Our work with schools (mainstream, Pupil Referral Units and Specialist) keeps us busy all term and the weekends are packed with private referrals. We have also renewed some old and made some new friendships with charities and groups supporting Young Carers, those with hearing impairment, epilepsy, physical

disability and more – it's lovely to share our horses with them too.

We are so lucky to have an amazing Community Co-ordinator, Nicky, who leads the sessions together with our horses working alongside her. With their combined friendship, compassion, and empathy, we have been able to support many young people through their struggles, whether they are just with us for respite or completing our AQA unit awards.

We are very proud of the work that we do and of the children themselves – they continue to astound us with their abilities to overcome the fears and sensitivities that most of us will thankfully never have to face. We love having them here and will

endeavour to support more young people for as long as we can.

But of course, it is not just children that we work with. Following the longest absence, as restrictions remained in place for them longer than most, we have also welcomed back Queen Elizabeth Park Care Home residents to the Sanctuary and are soon also to invite more from other similar establishments. We have resumed our visits to talk to local Women's Institute meetings, Inner Wheel, Townswomen Guilds and Rotary Club groups – thank you to all of them for the patience that the last 21 months has brought with many appointments rescheduled along the way – we look forward to sharing all our news and work with you all over the coming months.

It's so nice to be face to face with people again and to allow Mane Chance to fulfil its purpose fully once more – my goodness, we have missed it all!



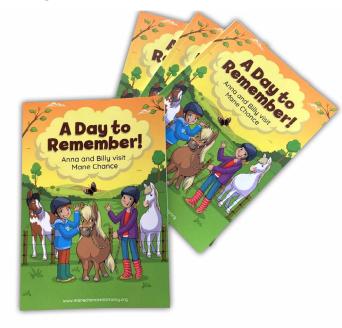
Introducing our Mane Chance Storybook!

We have written a book!

Featuring a visit to the Sanctuary, it tells the story of Anna and Billy's Day at Mane Chance – looking after the Shetland ponies, meeting the bigger horses and much more. We were thrilled to have the support of Lauren St John in composing the story and have worked with an amazing illustrator, Anthony Rule, who has brought the text to life. For anyone who has visited Mane Chance, you will agree that Anthony has captured the site wonderfully and many of the horses in our herds are recognisable in the book as well as much of our site – the pond, feed yard and hen coop. Plus Dave the Cockerel, the

hens and even Angel make an appearance. The story echoes one of our Share a Shettie experiences and is a wonderful storybook to read at bedtime or an early reader book for children.

At just £5.95 each, this 42-page paperback book is a lovely Christmas gift or even a Mane Chance keepsake! Visit our shop now to grab your copy!



'Legacy of Love' – a extraordinary collection of dedications to the animal world

We are delighted to announce the publication of and our association with this amazing book.

'Legacy of Love' was the dream of Rev. Lynne Chitty, inspired to raise money for animals by compiling an unrivalled collection about animals!

This beautiful, unique book brings together 57 charity founders, actors, poets, artists, and photographers, each contributing a chapter explaining and celebrating their love of animals in personal words and stunning pictures.

A quality hardback book (350mm x 245mm), it contains 328 wonderful pages of art and photography with sometimes witty, sometimes serious words, but always from experience and passion. It is an inspiring, heart-warming and moving collection for any animal lover.

Sold in aid of animal charities throughout the world, Mane Chance is delighted to not only feature in the book through the contribution of Jenny, but also to be one of the beneficiaries of sales.

By giving us permission to sell this amazing book on our website, the money from any purchase will come

entirely to Mane Chance
- the book is carefully
packed and shipped
from the Legacy of
Love team (with their
associated shipping
charges). This is a gift to
be treasured and passed
through generations,

sharing the impact that the animal world has on us humans.

We are so thrilled to be part of this wonderful collaboration of words and



pictures that honours and celebrates the role that animals play in our lives.

This is a keepsake, a coffee table book and as the title says.....a legacy.

Find out more on our website



Chitty's Challenge - October 2021

We were delighted to welcome one of our most loyal supporters, Rev. Lynne Chitty, to Surrey to support her as she embarked on the challenge to run the Virtual London Marathon this year. Used to running on a hard surface, we were really appreciative when Charterhouse School offered us the use of their running track for the day. Unbelievably, in order to complete a 26.2 mile



marathon, Lynne was faced with running 104 laps of the 400m track and so we had to think of a few ways to spur her on and relieve the monotony!

A local runner, Sarah, who despite recovering from an ankle injury joined Lynne on over half of the laps as company – thank you Sarah! Throughout the event, other volunteers and Jenny Seagrove also took their turn of a few laps to accompany Lynne on her way. It was an incredible feat of

endurance and despite the most ridiculously heavy shower of rain early afternoon which soaked everyone present, Lynne ran her 104th lap mid-afternoon and was still mobile enough to come and catch up with Soldier, her sponsored horse at the Sanctuary afterwards.

We are immensely grateful to Lynne for all of effort and offer her huge congratulations and thanks from all of us at Mane Chance – not forgetting Sarah, Jenny, Di, Freda, Jackie, Maria, Katy and Abi for all their support on the day too – and the many laps that they also ran between them!

We are delighted to announce that Lynne raised just over £3000 for Mane Chance – thank you to everyone who sponsored her!

Meet the Team – our patron, award-winning author, Lauren St John



Lauren St John grew up on a farm and game reserve in Zimbabwe, the inspiration for her multi award-winning 'White Giraffe' series and her memoir, 'Rainbow's End'. 'Dead Man's Cove', the first in her mystery series featuring 11-year-old detective, Laura Marlin, who lives in St Ives, Cornwall, won the 2011 Blue Peter Book of the Year Award and was shortlisted for Children's Book of the Year at the Galaxy National Book Awards. Her bestselling 'One Dollar Horse' series is about the relationship between a girl and a rescued, abused horse and is very close to our hearts

at Mane Chance. During her time as a journalist for The Sunday Times, Lauren did an investigation into dolphin trafficking. An ambassador for the Born Free Foundation, she has helped rescue dolphins from Turkey and return them to the wild - intense campaigning by Virginia McKenna and Born Free ended the dolphin captivity industry in the UK. Lauren then founded Authors4Oceans, bringing together authors, illustrators, and artists, who are passionate about inspiring children, teachers, and parents to love nature and wildlife, saving our beautiful oceans for future generations.

We are immensely proud to have Lauren as a Patron and are constantly inspired by her. You can purchase some of her books (particularly the One Dollar Horse series) in our online shop, but also, please visit her websites to find out more about her work and campaigns.

www.laurenstjohn.com

www.authors4oceans.org

Lauren is kindly joining us at this year's Carol Service on December 5th.

Family Fun Day - August 2021

It was such an amazing feeling to be able to actually open the gates to an event after 18 months of quiet at the Sanctuary. We were just very sorry that we had to limit numbers in order to keep the event as safe as possible whilst the Covid-19 situation still lingered on, and we apologise to all those who were not able to join us and really hope to see you on site soon.

For those who were with us on the sunny August afternoon, it was lovely to have chatter, laughter and music

once again ringing around the site – and the horses couldn't believe their luck at the amount of scratches and

cuddles that they all were getting – they have missed everyone too!

We were so lucky with the weather - the day before had been showery - obviously the sun decided to shine on us that day. The food stalls were busy, the craft stalls buzzing, and the tractor was chugging around with its trailer full to capacity! Games were being played, prizes won, and music performed. We even had a brief visit from Surrey Fire and Rescue with a fire engine for climbing on – that's until they were called out on a shout and had to depart rather quickly - huge thanks to them for not putting the siren on until they were out of earshot - that could have been interesting!

Thank you to everyone that joined us this year – we hope you had a lovely afternoon – and we are delighted to announce that we raised just under £7000 – a truly amazing and much needed amount of money.

We hope that this event triggered the start of many more events on site and look forward to next year when we don't have to worry about numbers again!

And finally...

So as the year draws to a close, I always feel the need to contemplate what the next year will bring. None of us can possibly know where our lives will take us. What twists and turns there are in the road, but one thing is for sure – Mane Chance will be here- serving the community and helping animals. You are all making sure of that. Thank you!!

As to the wider world, my thoughts turn to Nature this year, and to our beautiful home Earth and all the species that we share it with and to whom we have such a responsibility of stewardship. I hope that the global plans to stop and reverse global warming will prove to be enough, but I will make a point of doing everything that I can to do my bit and we are also doing our best at Mane Chance. We can't change the world, but we can change our little corner. I finish with the quote from Chief Seattle of the Suquamish



and Duwamish native Indian tribes, that many of you probably already know, but it is dear to me:

'Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect.' Thank you for everything that you do for Mane Chance and wishing you all a very Happy Christmas and a wonderful, happy and healthy New year!

Jenny

Psst....

Just before the phrase Covid-19 entered our daily vocabulary, Jenny made a film! 'Off the Rails' is about three women who recreate a teenage interrailing adventure in memory of their fourth friend, who has recently passed away. Taking her daughter with them on their travels, it's a great feel-good movie about friendship and relationships. Jenny shares the leading roles with Sally Phillips (Tilly in 'Miranda') and Kelly Preston, who sadly lost her own battle with cancer earlier this year and who never saw the movie released. The film was delayed because of the closure of cinemas

and then had just a short run in the summer, but it is now released on DVD! It's a real tonic for all the difficulties we have been facing recently and a good watch! We are immensely proud of Jenny and hope you grab yourselves and copy – but most of all, we hope you enjoy it!



Wishing you a very Merry Christmas, see you in 2022!







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Thank you for being part of the **Mane Chance Family**

